



## Take Away Menu

**01277 525669**

**9.00am - 5.00pm**

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@charlies\_deli

**88 High Street, Brentwood,  
Essex, CM14 4RR**

Our food is freshly prepared in our little kitchen  
and we try to keep it fully available all day,  
however we can sell out on certain popular lines,  
but don't worry, everything tastes great!

## Lunch

Homemade square quiche (Butternut squash and feta, mushroom and gruyere, Ham leek and stilton, Quiche lorraine, bacon and cheese) (With side salad)	4.00 5.50	Bagels (served with side salad)	
Large free-range scotch egg (With side salad)	2.95 4.50	Smoked salmon and cream cheese	3.95
Available Flavours: Classic/Scrumpy apple/ Vegetarian/Gluten free		The wall street (Pastrami, mustard mayo, pickles and lettuce)	3.95
The Baguettes (toasted, with side salad)		Sandwiches (thick cut bloomer, white or granary. Sourdough. Gluten free)	
Suffolk ham, mature cheddar & chutney	3.50	Turkey breast, cranberry, home made stuffing	3.95
Chutney, tomato or caramelised onion	3.50	Charlie's famous club Served on sourdough (Chicken, avocado, bacon, tomato, egg and mixed leaf, topped with chutney. Lightly toasted)	4.50
Mozzarella, sun-dried tomato & basil	3.50	Home made soups & pasta (please call and ask. Variable)	
Brie, grape, rocket, pear and walnut chutney	3.50	Super-food salad (Freshly prepared with couscous/ quinoa, roasted vegetable, mixed leaves, broccoli, green beans topped with pumpkin seeds and home made coleslaw)	
Ciabatta (toasted, with side salad)		With steamed chicken and boiled egg	4.25
Tuna nicoise (Tuna, boiled egg, capers, tomato & rocket)	3.50	With Charlies chicken, avocado mix. Topped with pomegranate seeds	4.50
Chicken, peppered mayo and rocket	3.50	With smoked salmon and king prawns	4.25
The Baps (served with side salad)		With sweet chilli crayfish and king prawns	4.25
BBQ pulled pork (Home made BBQ pulled pork, topped with homemade slaw. Best served warm)	3.95		
Add cheese	+40p		

All of our coffee is locally produced and roasted by Artisans in Essex,  
as well as many of our ingredients and products.

## Drinks

	12oz	16oz
Coffee		
Americano	2.20	2.40
Latte	2.20	2.40
Green tea latte	2.40	2.60
Cappuccino	2.20	2.40
Flat white	2.20	2.40
Mocha	2.40	2.60
Espresso single	1.20	
Espresso double	1.60	
macchiato	+10p	
Hot chocolate	2.40	2.60
Also Available:		
Extra shot	+40p	
Syrups		
Vanilla/Caramel/ Hazelnut/Gingerbread	+40p	
Award Winning Teas		
English breakfast	2.00	2.20
Sapphire earl grey	2.00	2.20
Decaff ceylon	2.00	2.20
Spiced chai	2.00	2.20
Dragonwell green	2.00	2.20
Organic jasmine	2.00	2.20
White pear and ginger	2.00	2.20
Egyption mint	2.00	2.20
Citrus chamomile	2.00	2.20
Persian pomegranate	2.00	2.20
Wild encounter	2.00	2.20
Mighty matcha green	2.20	

## Soft Drinks

Freshly squeezed orange juice	2.75
Still/Sparkling water	0.95
San Pellegrino cans	1.60
Lemon/Orange/Blood Orange Grapefruit	
Belvoir cans	1.60
Raspberry lemonade	
Coconut & lime/Elderflower presse	
Cawston press apple juices	1.60
Sparkling apple & rhubarb/ Sparkling apple/apple juice still/ Vintage lemonade still/ Apple and rhubarb still	
Vita coca coconut water	1.95
Original coconut water/ Orange & Coconut/Tropical and coconut	

## Breakfast

Freshly baked pastry	0.95
(pain au chocolate, pain au raison, pecan twist)	
Toast or Bagel	2.00
(With jam/Local honey/Preserve Peanut butter/Marmite)	
Croissants	
With jam & butter	2.00
With Suffolk ham and emmental	2.50
Bagels (Toasted of course)	
With jam & butter	2.00
With smoked salmon And cream cheese	3.50
Sandwiches	
(thick cut bloomer, white or granary, sourdough and gluten free)	
Bacon or sausage	3.90
Toasties	
Breakfast club sandwich	3.90
(Chutney, egg mayo, bacon, sausage)	

## Smoothies/Shakes

Mixed berry	2.95
(raspberries, strawberries, blueberries, half banana, low fat greek yogurt. Blended with ice)	
All green	2.95
(cucumber, fresh mint, apple juice. Blended with ice)	
Basic protein shake	4.25
1.5 scoops protein powder (vanilla) 20g nut butter (Peanut, almond, chocolate almond, chocolate coconut) Almond milk. Blended with ice.	
Espresso protein shake	4.50
1.5 scoops protein powder, double shot espresso, scoop of cocoa powder, almond milk	

## Toasties

Breakfast club sandwich	3.90
(Chutney, Egg Mayo, Bacon, Sausage)	

## Healthier Choices

Protien pancake stack	5.20
(Served with fresh berries, low fat yogurt and drizzled in local honey)	

Add:	1.00
(protein peanut butter, protein almond butter, protein chocolate almond butter, chocolate coconut peanut butter)	

Charlie's fruit salad	3.50
(Fresh berries, low fat yogurt and local honey topped with granola)	

## Porridge

Plain and simple	2.50
Or add local honey, jam	+50p
Protein powder	+65p
With apples in cinnamon	2.90
With banana and 70%	2.90
Dark choc chips	