

We are very careful to make sure that we list every ingredient in our cooking. Unfortunately, it is possible that our food may come into contact with other allergens between its source and our kitchens.

French fries may be cooked in the same fryer which dishes containing gluten are prepared in. Please inform a member of staff if you have a gluten allergy and intend to order French fries.

If you have any specific concerns, let us know and we'll do our best to help. Although technically a seed pine nuts and sunflower seeds may affect some nut allergies.



Suitable for vegetarian	V
Contains nuts	N
Contains gluten	GL
Contains egg	E
Contains dairy	D

Starters	Gluten	Dairy	Egg	Nut	Veggie	Pizza	Gluten	Dairy	Egg	Nut	Veggie
Toasted Focaccia bread	GL				V	Margherita	GL	D			V
Rosemary & Garlic bread	GL	D			V	Wild mushroom pizza	GL	D			
Mozzarella & Garlic bread	GL	D			V	Peri peri chicken	GL	D			
Marinated olives					V	Goats cheese and chorizo	GL	D			
Prawns in a spicy tomato sauce	GL					Hoi Sin duck	GL	D			
Baked mushroom	GL	D		N		Italian smoked ham & rocket	GL	D			
Bruschetta pomodoro	GL	D		PINE NUTS	V	Hot pepperoni	GL	D			
Meatballs	GL	D	E			Spicy meat calzone	GL	D			
Calamari	GL	D	E			Sausage calzone	GL	D			
Baked brie	GL	D		N	V	Giganti meat pizza	GL	D			
Buffalo Mozzarella & Basil salad		D			V	Giganti spinach	GL	D		PINE NUTS	V
Mediterranean Platter	GL	D		PINE NUTS		*ALL DAIRY IN THESE PIZZAS IS CONTAINED IN THE CHEESE*					
Deep fried goats cheese	GL	D	E		V	Pasta	Gluten	Dairy	Egg	Nut	Veggie
Grills	Gluten	Dairy	Egg	Nut	Veggie	Spaghetti Bolognese	GL				
Classic Burger with fries *	GL	D	E			Spaghetti with oak roasted salmon	GL	D			
Wild Boar burger with fries*	GL	D	E			Spaghetti with tiger praws	GL	D			
Peri Peri chicken & fries*			E			Courgette and spinach rigatoni	GL	D		PINE NUTS	V
*THE EGG IN THE ABOVE DISHES IS CONTAINED IN THE MAYONNAISE ONLY *						Peri peri chicken penne	GL	D			
THE DAIRY IN THE ABOVE DISHES IS CONTAINED IN THE ONION RINGS ONLY						Fresh caserecce pasta	GL	D		PINE NUTS	
Mushroom & halloumi burger with fries	GL	D	E	PINE NUTS	V	Baked carbonara spaghetti	GL	D			
Chicken burger with fries	GL	D	E			Homemade lasagne	GL	D	E		
Rack of baby back ribs & fries						Cannelloni	GL	D	E		
Chicken Milanese with spaghetti	GL	D	E			Risotto					
Chicken Milanese with Fries	GL		E			Wild mushroom		D			
						Seafood		D			
Baked seabass with gratinated potatoes**		D				Smoked haddock		D	E		
Grilled chicken breast with gorgonzola sauce**		D				Cherry bell & spring vegetable		D			V
Grilled chicken breast with mushroom sauce**	GL	D									
Rump steak with peppercorn/gorgonzola**		D									

** THE DAIRY IN THE ABOVE DISHES IS CONTAINED IN THE SAUCES AND GRATINATED POTATOES ONLY**

Salads	Gluten	Dairy	Egg	Nut	Veggie	Sides	Gluten	Dairy	Egg	Nut	Veggie
Oven roasted chicken caesar	GL	D	E			Gratinated potatoes		D			V
Rare roast beef						Spinach gratin	GL	D			V
Superfood with peri peri chicken		D				French fries					V
Superfood with mackeral		D				Green beans		D			V
Grilled goats cheese	GL	D		N	V	Mixed salad					V
Tricolore		D		PINE NUTS	V	Rocket & parmesan salad		D			

Desserts	Gluten	Dairy	Egg	Nut	Veggie	Children's menu	Gluten	Dairy	Egg	Nut	Veggie
Wildwood Sundae	GL	D	E	N		Penne pasta with tomato sauce	GL				V
Lemon meringue Sundae	GL	D	E	N	V	Penne pasta with bolognese sauce	GL				
THE NUTS IN THESE DESSERTS ARE CONTAINED IN THE AMERETTI BISCUITS						Penne pasta with meatballs	GL		E		
Banoffe Sundae	GL	D			V	Margherita pizza with pepperoni	GL	D			
Chocolate Sundae	GL	D			V	Margherita pizza with chicken	GL	D			
Sticky toffee pudding	GL	D	E		V	Margherita pizza with mushroom	GL	D			V
Hot brownie	GL	D	E		V	Breaded chicken, chips and peas	GL		E		
Hot waffle with berries	GL	D	E		V	Sausage, chips and peas	GL				
Eton Mess		D	E		V	Marshmallow raspberry jelly					
Chocolate honeycomb fudgecake	GL	D	E		V	Ice-cream with a cone	GL	D			V
Ice-cream with cone	GL	D			V						
Sorbet with cone	GL				V						