



The Royal Oak

Sunday Menu

Pre Starter

Mixed Olives 2.50 Pot of Cockles 2.50
Artisan Breads, Balsamic Vinegar, Extra Virgin Olive Oil 3.00 Garlic Bread 3.00

Starter

Soup of the Day & Brown Crusty Bread 4.50
Traditional Prawn Cocktail, Marie Rose Sauce & Brown Bread & Butter 6.50
Mussels with Smoked Bacon, Garlic & English Cider Cream 6.95
BBQ Chicken Wings 5.95
Chicken Liver Pate, Toast & Sweet Tomato Chutney 5.50
Garlic & Ginger Bubble Prawns & Sweet Chilli Sauce 5.50
Jellied Eels & Crusty Bread 5.95
Wild Mushrooms in a Garlic & Stilton Cream on Toasted Rosemary Bread 5.95

Salads

Smoked Chicken & Bacon Caesar Salad 10.95
Grilled Goats Cheese & Beetroot Salad 8.50
Hot Roast Rib of Beef Ciabatta, Horseradish, Rocket & Beef Tomato 6.25
Fish Finger Ciabatta, Little Gem Lettuce, Mature Cheddar & Tartare 5.95

Roast Selection

Roast Rib of Beef, Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding & Gravy 10.95
Roast Belly of Pork, Roast Potatoes, Seasonal Vegetables, Stuffing & Gravy 9.95
Roast Turkey/Roast Chicken Roast Potatoes, Seasonal Vegetables, Stuffing, Yorkshire Pudding & Gravy 9.95
Roast Sliced Leg of Lamb, Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding & Gravy 9.95
Roast Shoulder of Lamb, Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding & Gravy 12.95

Meat Selection

Sizzling Chicken Fajitas 10.95
Cumberland Sausages, Mash & Red Onion Gravy 7.95
Classic Pie & Mash & Liquor Sauce 8.95

Fish Selection

Grilled Wing of Skate, Buttered New Potatoes & Caper Butter 14.95
Smoked Haddock, Leek & Pea Risotto, & a Soft Poached Egg 12.95
Beer Battered Cod, Chips, Mushy peas & Tartare Sauce 8.95/11.95

Sides

Seasonal Vegetables, Cauliflower Cheese Mixed Leaf Salad, Chips, Roast Potatoes,
Sweet Potato Chips, Garlic Bread All 3.00

Kids Menu

- Roast Chicken, Potatoes, Vegetables, Stuffing, Yorkshire Pud & Gravy 6.95
Roast Rib of Beef, Potatoes, Vegetables, Yorkshire Pud & Gravy 6.95
Roast Sliced Leg of Lamb, Potatoes, Vegetables, Yorkshire Pud & Gravy 6.95
Chicken Nuggets Chips & Beans/Peas 4.95
Scampi, Chips & Beans/Peas 4.95
Cod Fingers Chips & Beans/Peas 4.95
Sausage Mash & Gravy 4.95
Vegetable Risotto 4.95 add Chicken 1.50
Pasta with Tomato Sauce 4.95

Puddings

- Trio of Ice-cream 3.95 Kids Ice-cream 1.00
Honeycomb Cheesecake & Fresh Cream 5.50
Bakewell Tart, Raspberry Pavlova Ice-cream & Crushed Raspberries 5.95
Apple & Seasonal Fruit Crumble & Vanilla Custard 4.95
Sticky Toffee Pudding, Toffee Sauce & Vanilla Ice-cream 5.50
Chocolate Brownie & Vanilla Ice-Cream 5.50
Great British Cheese Board, Grapes, Celery, Chutney & Biscuits 6.95

Specials Board Also Available



*The Royal Oak Pub & Restaurant
Oak Hill Road, Stapleford Abbots, Essex RM4 1JL
01708 741861
www.royaloakstapleford.co.uk
Twitter @TheTopOak*