



green chillies & green peas, sauteed with

flavoured herbs served with chutney & sambar.





regional spices.

Deep fried mini idlys sauteed with delicious

## Ilford - Essex - U.K

Business Hours: 10.00 am to 10.30 pm

		A COLA ANGRED ATTION	
<b>Chappathi</b> (2 Pieces) Whole wheat bread served with dal & cauliflower chops.	£3.25	LOCAL INSPIRATION  Hot Idly (3 Pieces)  Rice & lentil patties served with varieties  of chutney, sambar & chilli powder.	£2.75
<b>Ghee Pongal</b> (Sat - Sun) Steamed raw rice smashed, sauteed with ghee, pepper, jeera, dal, garnished with cashew nuts.	£3.50	Mini Ghee Idly Sambar (14 Pieces) Mini idlys simmered in delicious South Indian lentil gravy garnished with ghee	£3.25
Adai Avial (Sat - Sun After 3pm) Pancake made of pulses & lentils, served with Kerala style sauce made of garden fresh vegetables, coconut paste & spices.	£3.95	Kaima Idly  Deep fried mini idlys sauteed in regional spices served with raitha.	£4.25
REGIONAL OFFERINGS Rasa Vada(2 Pieces)	£2.50	Idly Vada Sambar Steamed rice cake & lentil doughnut immersed in ous regional lentil gravy garnished with cilantro.	
Lentil fried doughnut dipped in mild spicy South Indian soup.		Parotta (2 Pieces) Delicious South Indian fluffy bread served	£3.95
<b>Curd Vada</b> (2 Pieces)  Lentil flour doughnut immersed in sour	£2.50	with curry.	
less yoghurt garnished with carrots & coriander.		<b>Poori Masala</b> (2 Pieces) Fried fluffy whole wheat bread served	£3.25
<b>Bonda of the day</b> (2 Pieces) (After 4pm) Deep fried urid balls stuffed with the day's special.	£2.50	with onions & smashed potato gravy.  Channa Batura	£3.50
<b>Bajji of the day</b> (4 Pieces) (After 4pm) Deep fried basin flour coated with the day's special.	<b>£2.50</b>	Big fluffy fried bread served with channa masala	
<b>Medhu Vada</b> (2 Pieces) Fried lentil flour doughnut served with	£1.50	<b>Mixed Vegetable Parotta</b> Sliced parotta tossed with Indian spices & vegetables.	£4.50
coconut chutney & sambar.		Rava Kichadi / Uppuma (Mon - Fri)	£2.50
Cocktail Fried Idly	£3.45	sted sooji cooked with onions, tomatoes, carrots,	Roa











£2.75	DOSA CORNER Plain Dosa Thin crispy rice & lentil crepe.
£3.25	Masala Dosa Rice crepe stuffed with spicy potatoes & onion.
<b>£3.50</b>	Onion Dosa Thin crispy rice & lentil crepe topped with onions.
£3.50	Rava Dosa Thin & crispy crepe from cream of wheat & rice, mildly spiced & garnished.
£3.95	Rava Masala Dosa Cream of wheat & rice crepe stuffed with spicy potatoes & onion.
£3.75	Onion Rava Dosa Thin crepe from cream of wheat sprinkled with onions.
£4.25	Onion Rava Masala Cream of wheat & rice crepe filled with smashed potato & sprinkled onions.
<b>£3.95</b> Spi	Kara Dosa cy rice crepe filled with spices onions & potatoes.
£4.25	Paneer Dosa Thin rice crepe filled with cottage cheese.
£3.95	Vegetable Dosa Thin rice crepe filled with mildly spiced mixed vegetables.
£3.95	Palak Dosa Thin rice crepe filled with Palak mashed to suit as healthy filling.
£4.25	<b>Set Dosa</b> Pair of thick rice & lentil crepe.

£3.75	<b>Ghee Dosa</b> Ghee spread in thin rice & lentil crepe.
£4.25	<b>Ghee Masala</b> Ghee dosa with spiced onion & potato fillings
£3.95	<b>Paper Roast</b> Thin rice & lentil crepe.
£4.45	Paper Masala Thin rice & lentil crepe filled with potatoes.
£2.95	<b>Podi Dosa</b> Thin rice & lentil crepe sprinkled with Idly Podi
£2.75	<b>Plain Uthappam</b> Thick rice & lentil pancake.
£2.95	Onion Uthappam Uthappam topped with onions.
£3.25	Onion & Chilli Uthappam Uthappam topped with onions & green chillies.
£3.25	<b>Tomato &amp; Onion Uthappam</b> Uthappam topped with onions & tomatoes.
£3.25	Chilli & Tomato Uthappam Uthappam topped with green chillies & tomatoes.
£3.75	Onion, Chilli & Tomato Uthappam Uthappam topped with onions, green chillies & tomatoes.
£4.75	<b>Tailor made Dosa</b> (Upto 3 Toppings) Make your dosa with 3 toppings
Coor	MEALS CORNER

**South Indian Meals** (Not to be shared)

curd, appalam & pickle.

Sweet, chappathi/poori (1) with side dish, rice, sambar, rasam, special kuzhambu, two vegetable curries, raitha,









£7.95	North Indian Thali (Limited)
	Sweet, soup, chappathi (3 pieces), salad, pulao,
	3 types North Indian side dishes, dal, kattol,
	fried papad & pickle.

**E4.50**Business Meal (Limited)

Sweet, sambar rice, curd rice, special rice
of the day, poriyal, appalam & pickle.

## **RICE CORNER**

£2.95

Yogurt rice cooked mixed with cashews, grapes,
mustard seeds served with pickle.

£2.95

Rice cooked with lentils & mixed vegetables served with Appalam

**£2.95** Rice of the day (Fri - Sat - Sun) (Tomato/Lime/Tamarind/coconut/Vegetable) Chef's naturally flavoured rice.

£2.95 Ghee Pongal (Sat-Sun)
Steamed raw rice smashed, sauteed with ghee,
pepper, jeera, dal, garnished with cashew nuts.

£1.50 Plain Rice

**BREAD CORNER** 

£1.25 Naan
Soft doughnut made of maida cooked
in tandoor oven.

£1.50

Soft doughnut made of maida cooked in tandoor oven spread with butter.

£1.75 Naan of the Day
(Onion/Garlic/Kaju/Paneer/Cheese)
Soft doughnut made of Maida cooked on a Tandoor
stuffed with the above said fillings.

£1.25

Soft Indian bread made with natural whole wheat,
freshly cooked on a Tandoor oven.

£1.50 Butter Roti / Kulcha
Soft Indian bread made with natural whole wheat,
freshly cooked on a Tandoor oven spread with butter.

£1.75 Roti of the Day
(Onion/Garlic/Kaju/Paneer/Cheese)
Soft Indian bread made with natural whole wheat, freshly
cooked on a Tandoor stuffed with the above said fillings

**L2.50** Vegetable Spring Roll
Pancakes stuffed with carrots, cabbage, capsicum
& sprouts served with hot garlic sauce.

£3.95 Gobi - 65

Deep fried of cauliflower florets with

Indian spices & curd.

£2.95 Golden Fried Baby Corn
Steamed baby corn marinated with
Chinese herbs deep fried served with hot garlic sauce.

£4.50

Chilli Paneer

Batter fried cottage cheese cooked With onion,

Green chillies, chilly paste & chinese herbs.

£4.25 Chilli Vegetable
Fried carrots, cabbage, beans cooked with
Red chilly paste & sauce.

**£4.25 Vegetable Machurian**Fried seasoned vegetables sauteed with flavoured vegetables.

£4.25

Dices of potato tossed with crushed red chilly

& Indian spices.

£4.25 Chilli Babycorn
Baby corn sauteed with spicy Chinese herbs.

**£4.25** Chilli Mushroom Fried mushrooms cooked with red chilly paste & herbs.











£1.75	<b>Samosa</b> (2 Pieces) Stuffed pastry deep fried with vegetable filling.
£4.25	Vegetable Fried Rice Fluffy rice Sautéed with shredded vegetables.
£4.25	<b>Hakka Fried Rice</b> Fluffy rice Sautéed with red pepper sauce.
£4.25	<b>Szechwan Fried Rice</b> Fluffy rice sauteed with blend of various szenchwan sauces.
£4.25	<b>Mushroom Fried Rice</b> Fluffy rice Sautéed with onions, capsicum & mushroom.
£4.75	<b>Paneer Fried Rice</b> Onions, fluffy rice Sautéed with capsicum & cottage cheese.
<b>£4.25</b> Fluj	<b>Garlic Fried Rice</b> fly rice Sautéed with garlic, onions & capsicum.
<b>£4.25</b> Stee	Vegetable Noodles amed noodles Sautéed with shredded vegetables.
£4.25	<b>Hakka Noodles</b> Noodles Sautéed with red pepper & red pepper sauce.
£4.25	<b>Szechwan Noodles</b> Noodles topped with sliced vegetables & Szechwan sauce.
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£4.25	Vegetable Hot Garlic (Gravy)
	Slices of mixed vegetables fried & seasoned
	with strong garlic sauce.

**£4.25** Vegetable Manchurian (Dry/Balls in Gravy)

Batter fried seasoned vegetables sauteed with flavoured vegetables serving with manchurian sauce.

£4.25 Chilli Vegetable

Batter fried carrots, cabbage, beans, cooked with red chilli

paste & sauce.

£4.25 Chilli Mushroom

Bater fried mushrooms cooked with red chilli
paste & herbs.

£4.25 Chilli Cauliflower
Batter fried cauliflower cooked with red chilli oil & paste.

£4.25 Chilli Baby Corn
Baby corn sauteed with spicy Chinese herbs.

£4.50 Chilli Paneer

Batter fried cottage cheese sauteed with onion,
green chillies, chilli paste & Chinese herbs.

**£4.50**Paneer Manchurian

Batter fried cottage cheese with flavoured Spicy

Vegetables & manchurian sauce.

**£4.50**Szechwan Paneer
Fresh cottage cheese cooked with red chilli oil
& paste.

**£4.25** Cauliflower Manchurian
Cauliflower florets deep fried & seasoned with flavoured vegetables & manchurian sauce.

£4.25 Mushroom Manchurian
Batter fried mushrooms cooked in manchurian sauce.

£4.25

FROM THE FARMER'S

Vegetable Biriyani

Basmati rice cooked with mixed vegetables
& Indian spices.









£4.50	Mushroom Biriyani Basmati rice cooked with garden fresh mushroom& Indian spices.
£4.75	Paneer Biriyani Basmati rice cooked with dices of fresh cottage cheese & Indian spices.
£4.25	Vegetable Pulao Fluffy basmati rice cooked with vegetables & mild indian spices.
£4.50	Cashew Pulao Fluffy Basmati rice Sautéed with golden fried cashewnut.
£4.25	Navarathan Pulao Fluffy Basmati rice cooked with fruit salad, dry fruits & mixed vegetables.
£4.25	Peas Pulao Fluffy basmati rice cooked with green peas & mild Indian spices.
£4.25	<b>Jeera Pulao</b> Fluffy basmati rice Sautéed with butter fried cumin seeds & mild spices.
£4.50	Mushroom Pulao Fluffy basmati rice Sautéed with Mushroom & mild spices.
£4.75	Paneer Pulao Fluffy basmati rice Sautéed with fresh cottage cheese & mild spices.
£4.25	TONGUE TICKLERS  Vegetable Butter Masala  Steamed vegetables cooked with rich butter gravy.
£4.25	Vegetable JalFrieze Julienne of onion capsicum tomato green chilly tossed with mixed vegetables.
£4.25	Vegetable Do Piyaza Fried mixed vegetables sauteed with onion capsicum & tomato.

£4.25	Mixed Vegetable Curry Boiled vegetables mixed with Indian spices cooked with onion paste & North Indian spices.
£4.25	<b>Vegetable Makhanwala</b> Cubes of mixed vegetables cooked with rich butter gravy.
<b>£4.25</b> Mix	Vegetable Kola Puri sed vegetables, cottage cheese, mushroom, spinach & capsicum cooked with butter gravy.
£4.50	Paneer Jal Frieze Juliennes of onions, capsicum, tomatoes, Green chillies tossed with cottage cheese.
<b>£4.50</b>	Paneer Makhani ubes of cottage cheese cooked with rich butter gravy.
£4.50	Palak Paneer Mildly flavoured mashed palak accompanied with cottage cheese.
£4.50	Kadai Paneer Spiced cottage cheese made with thick tomato gravy and capsicum.
£4.25	<b>Channa Masala</b> Channa cooked with onion paste with North Indian spices.
£4.50	Mutter Paneer Green peas & cottage cheese cooked with onion paste with North Indian spices.
£4.25	<b>Aloo Pepper Fry</b> (Dry) Steamed potato sauteed with onions, crushed pepper corn.
£4.25	Aloo Gobi Steamed cauliflower and potato cooked with onion paste with North Indian spices.
£4.25	<b>Gobi Masala</b> Steamed cauliflower cooked with onion paste with North Indian spices.









£4.25	Mushroom Rogan Josh Fresh mushroom cooked with onion paste with North Indian spices & lime juice.	£1.75	SWEET DESSERTS Gulab Jamun (2 Pieces) Balls made from khoa deep fried and served with thick sugar syrup
£4.50	<b>Stuffed Capsicum</b> Capscium stuffed with vegetables cooked in onion paste with north indian spices.	£1.00	<b>Kala Jamun / Dry Jamun</b> (1 Piece) Deep fried gulab jamun soaked in sugar syrup
£4.25	<b>Devil Potato</b> (Dry) Dices of potato tossed with crushed red chilly &	£2.95	Gulab Jamun with Ice cream
	Indian spices.	£1.50	<b>Rasamalai</b> (2 Pieces)  Dumplings made from cottage cheese
£4.25	<b>Dal Butter Fry</b> Butter fried onions, tomatoes with Green gram dal.	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	soaked in thick sweetened, milk delicately flavored with cardamom and nuts
£4.50	<b>Baingan Masala</b> Minced of roasted brinjals, sauteed with flavoured vegetables & Indian herbs.	£1.50	<b>Basundhi</b> (1 Portion) Thick milk sweet flavoured with saffron, almonds, cardamom and pistachios
£1.45	SALADS Green Salad	£2.95	QUENCHERS Fresh Fruit Juices Orange / Apple / Pineapple / Mango / Lime
£1.45	<b>Raitha</b> Boondhi Raitha / Mix Veg Raith Pineapple Raitha / Cucumber Raitha	£2.95	Passion Fruit / Grape / Seasonal Fruits  Triveni (Cocktail of Grape, Pineapple & Ginger)
Cane	DESSERTS	£2.75	Lassi (Sweet / Salt )
£3.95 Lo	Falooda  ayer of ice cream garnished with vermicelli topped  with mixed fresh fruits, fruit jelly & garnished	£2.95	Mango Lassi
	with cherries & topped with vanilla ice cream.	£2.50	Badham Kheer
£2.25	<b>Fruit Salad</b> Cubes of mixed fresh fruits soaked	£2.25	Rose Milk
	in syrup topped with honey.	£2.45	Milk Shakes (Mango / Vanilla / Chocolate)
£2.95	Fruit Salad with Ice Cream Mixed fresh fruits soaked in syrup, honey	£1.75	Butter Milk
	& topped With ice-cream.	£1.00	Mineral Water (330 ml)
£1.75	<b>Ice-Cream</b> (Chocolate/Vanilla/Strawberry)	£1.95	Mineral Water (1 ltr)
£1.75	<b>Kulfi</b> (Mango/Pistachios/Malai/Almond)	£1.00	Coke / Fanta / Pepsi / 7 up













£1.25	HOT BEV Filter coffee / Masala	VERAGES Tea / Milk
£1.50	Hot	Chocolate

EXTRAS	
Appalam / Fried Papad (2 Pieces)	£0.50
Koottu / Poriyal / Rasam	£1.45
Chappathi / Poori (1 Piece)	£1.15
Parotta (1 Piece)	£1.35
Chutney (Coconut / Mint / Tomato)	£1.25
Curd	£1.15
Beeda	£0.75
Sweet Pongal / Payasam	£2.25
Rava Kesari (Sat & Sun)	£1.45
Sambar (Tiffin / Meal)	£1.25
<b>Sambar</b> (1 Bowl)	£0.30
Idly Podi	£0.50

Takeaway Containers (per container)